

# *Pennsylvania Recreation & Park Society Presents...*



*.6 CEUs included for  
both workshops*



## *Mapping a Route: MDS 3.0 to “I” Care Plans*

**April 19, 2011**

**Masonic Villages of Sewickley  
Sewickley, PA**

**April 26, 2011**

**Broomall Presbyterian Village,  
Broomall, PA**

**May 3, 2011**

**Masonic Villages of Elizabethtown  
Elizabethtown, PA**

## *A Practical Guide for Planning & Programming for Persons with Dementia*

**May 2, 2011**

**Generations of Indian Valley  
Souderton, PA**

**May 13, 2011**

**Presbyterian SeniorCare  
Oakmont, PA**

### **Who should attend?**

- Healthcare Professionals
- Occupational Therapists
- Nursing Staff
- CTRS
- PT/OT Assistants
- Recreation Directors
- Activity Directors
- Volunteers
- Mental Health Technicians
- Sr. Center Directors
- Recreation Staff
- Activity Assistants
- Nursing Assistants
- Senior Center Support Staff
- Community Recreation Staff

*If you know anyone who may be interested, please feel free to pass this on!*

***Sponsored by the PA Therapeutic Recreation Society, A Branch of the PA Recreation & Park Society***

Now that you have been using the MDS 3.0 (starting point) are you traveling in a direction that brings you to resident centered interventions and programming?

Along the route has completing the CAA challenged you to evaluate and adjust your programming so it places the resident in the center instead of the monthly calendar being the focus?

Once you reached your end location (care plan) has the new process assisted you in creating I Care Plans, moving from a multidisciplinary team to a true interdisciplinary team as well as redefining TR or Activity services to meet individual desires?

Attend this PTRS workshop to learn and increase your knowledge of getting the most from the MDS 3.0 Trip.

### During your trip you will:

1. Increase your knowledge of the Activities CAT and CAA process of the MDS 3.0
2. Learn how the CAA assists you in creating a resident centered approach to programming
3. Learn how the MDS 3.0 redefines TR services to meet individual needs.
4. Be introduced to “I” Care Plan from a problem statement to writing a goal and the all important interventions

### Meet the Presenter

**Kirk S. Rakos** is the Supervisor of Therapeutic Recreation Services of the Masonic Village in Elizabethtown, Pennsylvania which is a non-profit continuing care retirement community. Kirk’s direct responsibilities for the management of Therapeutic Recreation Services occur in the 450 skilled bed Health Care Center and the 127 bed Personal Care building.

*Kirk has more than 29 years of experience in the profession of therapeutic recreation, including 20 years as the Therapeutic Recreation Supervisor at Masonic Village. He has worked as a certified recreation therapist in the fields of geriatrics, mental health and mental retardation. In addition to his full time employment Kirk is an adjunct faculty member of the Recreation and Leisure Studies staff within the Behavioral Sciences department at York College of Pennsylvania. He teaches the Therapeutic Recreation and Aging course. Kirk is a certified therapeutic recreation specialist and Eden Alternative Associate.*

Join PTRS for the Dementia Taskforce workshop. The workshop will cover all aspects, starting with the disease process thru programming and care planning for all phases of dementia care. This seminar is ideal for anyone dealing with dementia on a casual or a day-to-day basis.

### Learning Outcomes:

- Gain a better understanding of the many types and stages of Dementia.
- Learn effective communication techniques for the various stages of dementia.
- Engage in discussion with workshop participants on successful programming and activity planning for all stages of the disease process.
- Participate in an introduction to “I” Care Planning.

### Meet the Presenters

**Carrie Chiusano, ADC** is the Director of Recreation for Presbyterian SeniorCare. Carrie has 25 years of long-term care experience, eight of which were spent helping to shape and implement the internationally renowned Woodside Experience philosophy of specialty care for persons with Alzheimer’s Disease or related disorders. This knowledge and experience lead her to become a mentor, motivator and dynamic catalyst to the culture change initiative at Presbyterian SeniorCare for the past 9 years.

**Becky Kandrak, CTRS** has been employed at the Masonic Villages at Elizabethtown for 15 years. She assisted in creating the current Dementia program that the facility uses and assists training staff on current dementia education and programming throughout the year.

**Carrie and Becky** created the manual and presentation. They are active members on the PTRS Board. Their experience as professionals as well as within the society brings a wealth of information to this workshop.



### Workshops Include

- ✓ Resource materials
- ✓ Certificate of Participation
- ✓ .6 CEU’s
- ✓ Lunch

## Locations

## TR-Registration Form 2011

### For: Mapping a Route: MDS 3.0 to "T" Care Plans

**April 19, 2011**

Masonic Villages of Sewickley  
1000 Masonic Drive  
Sewickley, PA 15143

**April 26, 2011**

Broomall Presbyterian Village  
146 Marple Road  
Broomall, PA 19008-2040

**May 3, 2011**

Masonic Villages of Elizabethtown  
One Masonic Drive  
Elizabethtown, PA 17022

### For: A Practical Guide for Planning & Programming for Persons with Dementia

**May 2, 2011**

Generations of Indian Valley  
259 North 2nd Street  
Souderton, PA 18964

**May 13, 2011**

Presbyterian SeniorCare  
1215 Hulton Road  
Oakmont, PA 15319

*For more specific directions go to [www.mapquest.com](http://www.mapquest.com)*

**NEW! Register online at  
[www.prps.org/education & training](http://www.prps.org/education & training)**

**MAIL TO: PRPS  
2131 Sandy Drive, State College, PA 16803-2283  
OR FAX TO: (814) 234-5276**

Please print below and include only one person per registration form. Thank you!

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Job Title: \_\_\_\_\_

Mailing address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

home or business address

Office phone: (\_\_\_\_\_) \_\_\_\_\_

Fax: (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

(confirmation will be emailed)

**PTRS Member**  Yes  No

Please send PTRS membership information

I have read the cancellation policy (on back)

**I require:** (attach a brief explanation)

Handicapped accommodations

Special diet: \_\_\_\_\_

Other considerations: \_\_\_\_\_

**Please select which workshop, date & location you would like to attend.**

**Dates & Locations for MDS 3.0**

4/19 - Sewickley  4/26 - Broomall

5/3 - Elizabethtown

**Registration Fees**

PTRS/PRPS Member \$75

Non-Member \$90

Student \$25

Total Amount Due \$ \_\_\_\_\_

**Dates & Locations for A Practical Guide for Planning & Programming for Persons with Dementia**

5/2 - Souderton  5/13 - Oakmont

**Registration Fees**

PTRS/PRPS Member \$75

Non-Member \$90

Student \$25

Total Amount Due \$ \_\_\_\_\_

Final Total Amount Due \$ \_\_\_\_\_

**Payment Information:**

Payment enclosed (checks payable to PRPS)

Bill agency (Members Only)

Credit card  MC  Visa  AmEx  Discover

Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ 3# code on back of card: \_\_\_\_\_

Signature: \_\_\_\_\_

PRPS Office Use Only

Date: \_\_\_\_\_ Amount Paid: \_\_\_\_\_

Method: \_\_\_\_\_ By: \_\_\_\_\_

Pennsylvania Recreation & Park Society  
2131 Sandy Drive  
State College, PA 16803-2283  
(814) 234-4272  
WWW.PTRS.ORG

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State College, PA  
Permit No. 99

*Return Service Requested*

## PA Therapeutic Recreation Society Spring Workshops 2011

### Registration check-in

Upon arrival at the workshop, participants should first stop by the registration area to receive up-to-date program information as well as a workshop nametag.

**Registrants will be notified if the workshop is cancelled or rescheduled. Confirmations are emailed.**

### Agenda for both workshops:

8:30 a.m. – 9:00 a.m.	Registration
9:00 a.m. – 12:00 noon	Workshop
12:00 noon – 1:00 p.m.	Lunch
1:00 p.m. – 4:00 p.m.	Workshop

### Registration Deadline:

The registration deadline is one week before the dates of the workshop. *If the workshop has less than 15 participants it may be cancelled or rescheduled. Please register early. Don't delay, this is a workshop you don't want to miss out on!*

**Cancellation Policy:** Registration fee less a \$20 service charge per person will be refunded if cancellation is made in writing five days prior to the course date. After the deadline a "Credit Certificate" will be issued upon request redeemable as registration fee toward a future PRPS workshop. No shows will be charged the full rate. In the unlikely event of the cancellation of this workshop, PRPS's liability is limited to 100 percent refund of registration fees and does not include penalty fees on transportation, deposits for hotel accommodations, or other incurred expenses.

## SAVE THE DATE

**43<sup>rd</sup> Annual PA Therapeutic Recreation Institute**  
**June 8 – 10, 2011**  
**Harrisburg – Hershey Holiday Inn**  
**Grantville, PA**

*Inspiring to become LEGENDS*

**Join PTRS for an event packed with excellent educational sessions, networking, and vendors.**

**Sessions are Wednesday, Thursday and Friday, vendors will be available for two days**

**Registration Guide will be available soon on the PTRS website at [www.ptrs.org](http://www.ptrs.org)**