

Meet the Presenters...

William Rakauskas, M.D., is currently the Medical Director at Bloomsburg Hospital/GMC Psychiatric Unit. He has several years of experience working with counseling, partial hospitalization, and inpatient treatment. He has been involved with extensive research about the treatment of tardive dyskinesia, the treatment of schizophrenia and the use of Clozapine.

Joseph Hazzard, M.D., is currently employed by Bloomsburg University in Exercise Science and Athletics. The purpose of his current study will be to consider cardiorespiratory exercise as an adjunct to inpatient psychiatric treatment of individuals who suffer from various mental health disorder and disease.

Linda J. Cook, DNSc, RN, BC, is currently employed with the Department of Nursing, Bloomsburg University. She has a Master's in psychiatric nursing and a Doctorate in Nursing Science. She has over 30 professional years in the mental health arena.

Scott Young, RN, Christian Counselor is currently employed by Bloomsburgh Hospital as an RN in the Psychiatric Unit. He has a Masters in Health Services and is a Licensed Christian Therapist.

Scott Preisel, BFA, is currently the Prevention Specialist at Caring Communities for AIDS, based out of Berwick. He provides HIV Education and Intervention, as well as community Outreach. Scott is also a Special Education Teacher who specializes in Autism.

Kelly VanGorden has a Bachelor of Science in Psychology along with a Masters Degree in Exercise Science and Sports Studies, and a Doctorate in Philosophy concentrating in Teaching and Administration - Physical Education.

Victoria Jones & Gracie are best friends, Gracie is a certified pet therapy dog registered with Therapy Dogs International, Inc. Together they visit schools, hospitals, nursing homes, and senior citizen centers. Many hours of healthy therapy have been provided by both of them.

Eileen & Billy Chapman are retired Marines and have served as lay ministers for the Fowlersville-Lime Ridge United Methodist Charge from 2000-2006. They both currently work as spiritual awareness leaders on the psychiatric unit at the Bloomsburg Hospital.

Mickey McElroy, is the president of NAMI Central Susquehanna Valley (National Alliance on Mental Illness) and is dedicated to providing support, education and advocacy to all those individuals affected by mental illness. He is a 2006 graduate from Bloomsburg University in Social Work.

Michael Morrison, CTRS has been working in the medical profession since 1986. He is also a magician and an active member of the International Brotherhood of Magicians. He has successfully implemented magic as a therapeutic tool in both psychiatric and physical dysfunction settings and will be sharing some secrets during the workshop.

*Pennsylvania Recreation & Park Society, and
Bloomsburg Hospital presents...*



Recognizing Therapeutic Treatments for Mental Illness in a Psychiatric Setting

Wednesday, April 9, 2008

8:30 a.m. - 5:00 p.m.

*.7 CEU's
included*

**St. Luke Lutheran Church
1123 Lightstreet Road
Bloomsburg, PA 17815**



*Sponsored by the PA Therapeutic Recreation Society, A Branch of
the PA Recreation & Park Society, and the Bloomsburg Hospital*

**CONTACT WENDY JO HARTSOCK, CTRS
AT PRPS (814) 234-4272**

(TR)-Mental Illness 2008 Registration Form

Name _____
Title _____
Agency _____
Address _____

City _____ State _____ Zip _____
Email _____
Phone (____) _____
Fax (____) _____
Special Assistance Required _____

*For PRPS non-members, you are invited to Sign up for the PRPS Training Network to receive announcements of PRPS training programs.

EMAIL: _____ *Please print clearly*

Please send PTRS membership information

I have read the cancellation policy

Date & Location

4/9 - St. Luke Lutheran Church, Bloomsburg

Payment

Registration fees

- | | |
|---|------|
| <input type="checkbox"/> PRPS/PTRS Member | \$46 |
| <input type="checkbox"/> Non-member | \$52 |
| <input type="checkbox"/> Students | \$25 |

Total \$ _____

My check is enclosed. *Make checks payable to PRPS*

Bill my agency at the address listed above or list below.

Bill my credit card Visa MC AMEX Discover

Card # _____

Exp. date _____ 3# code on back of card _____

Cardholder's Signature _____

Return registration form to:
PA Recreation & Park Society
2131 Sandy Drive
State College, PA 16803-2283
OR
FAX: 814-234-5276

This workshop has 11 dynamic speakers with many years of experience working in the mental health field; inpatient and acute care settings. Seven different components of Mental Health Issues will be discussed, reviewed and talked about. This workshop will also help to reduce the stigma and discrimination against people with mental illnesses. Increasing public awareness about treatments, early interventions, and possible preventions are key to worldwide knowledge about mental health and mental illness. Participants in attendance of this workshop will come away with a tremendous knowledge about medications, therapies, interventions and how the overall mental health services have improved significantly over the years.

Participants will:

1. Learn how a comprehensive mental health evaluation can work for the patient and the professional health care provider.
2. Understand how the TEAM approach can benefit everyone involved.
3. Learn how occupational therapy, nursing, spiritual wellbeing, and therapeutic recreation all play an important role in the recover process.
4. Learn ways that pet therapy can assist with lowering blood pressure, promoting relaxation, relieving agitation, anxiety and stress in patients.
5. Discuss how improving the lines of communication can assist with the reduction of drug therapy and aggression in individuals with mental illness.

Agenda:

8:00 a.m. – 8:30 a.m.	Registration
8:30 a.m. - 8:45 a.m.	Welcome & Introductions
8:45 a.m. – 12:15 pm	Educational Sessions
12:15 p.m. – 1:00 p.m.	Lunch on your own
1:00 p.m. – 4:30 p.m.	Educational Sessions
4:30 p.m. – 5:00 p.m.	Questions/Evaluations

Who should attend?

If you know anyone who may be interested, please feel free to pass this on!

- CTRS
- Recreation Directors
- Recreation Staff
- Activity Directors
- Activity Assistants
- Nursing Staff
- Counseling Agencies
- Allied Healthcare professionals
- Sr. Center Director's & Support Staff
- Mental Health Technicians
- Occupational Therapist
- Occupational Therapy Assistants
- Volunteers
- Nursing Assistants
- Children & Youth Counselors

Location

St. Luke Lutheran Church
1123 Lightstreet Road
Bloomsburg, PA 17815

For more detailed directions please refer to mapquest: www.mapquest.com

Silent Auction

A Silent Auction will take place during the workshop to assist with raising funds for recreational items needed on the psychiatric unit.



General Information

Upon arrival at the workshop, participants should first stop by the registration area to receive up-to-date program information as well as a workshop nametag. **Registrants will be notified if the workshop is cancelled or rescheduled. Confirmations are not sent.**

Workshop Includes

- ✓ Handouts
- ✓ Certificate of Participation
- ✓ .7 CEU's

Registration Deadline:

The registration deadline is two weeks before the date of each workshop. *If the workshop has less than 15 participants it may be cancelled or rescheduled. Please register early!*

Cancellation Policy: Registration fee less a \$20 service charge per person will be refunded if cancellation is made in writing five days prior to the course date. After the deadline a "Credit Certificate" will be issued upon request redeemable as registration fee toward a future PRPS workshop. No shows will be charged the full rate. In the unlikely event of the cancellation of this workshop, PRPS's liability is limited to 100 percent refund of registration fees and does not include penalty fees on transportation, deposits for hotel accommodations, or other incurred expenses.