

**35th Annual
Therapeutic Recreation Institute**



**UNITED WE STAND
IN EXCELLENCE**

June 3 – 6, 2003

Harrisburg | Hershey Holiday Inn

Grantville, Pennsylvania

REGISTRATION GUIDE

Institute-at-a-Glance

Monday, June 2, 2003

12:30 - 5:30 p.m.
PTRS Board Meeting – Regency Suite

7:00 p.m. - ?? p.m.
Board & Committee Social – Adventure Sports Hershey

Tuesday, June 3, 2003

8:00 a.m. - 9:00 a.m.
Registration

9:00 a.m. - 11:00 a.m.
PTRS Board Meeting

9:00 a.m. - 1:00 p.m.
CPR Course - Health Care Provider AHA

9:00 a.m. - 4:00 p.m.
Pre-Institute
1. Non-Violent Crisis Intervention
2a. You're Hired!
2b. NCTRC Certification: All You Need To Know

12 noon - 1:00 p.m.
Lunch on your own

1:00 - 4:00 p.m.
TRI Memorial Golf Open – benefits PTRS Memorial Scholarship Fund Manada Golf Course

Dinner on Your Own

7:00 p.m. - 7:30 p.m.
Room Host Training/Review

8:00 p.m. - 9:00 p.m.
Welcome - by the PTRS President/ Board
Night at the Races - Lite Reception

9:30 p.m. - 1:30 p.m.
Liberty Social, featuring music by DJ Chubs - Lite Reception (until 11:00 p.m.)

Wednesday, June 4, 2003

***Long Term Care Competency Track Available**

6:45 a.m. - 7:45 a.m.
Continental Breakfast

7:00 a.m. - 6:00 p.m.
Registration

7:45 a.m. - 8:00 a.m.
Welcome/Announcements

8:00 a.m. - 9:00 a.m.
Keynote: *... of Life*
Magnificent *... of Life*
Walter *... of Life*

9:30 a.m. - 9:45 a.m.
Beverage Break - Exhibit Area
Silent Auction (Theme Baskets)

9:45 a.m. - 11:00 a.m.
1. Behavior Management for Dementias: It Involves Everyone
2. Uniting Theory & Practice: A Foundation for Excellence in TR Clinical Practice
3. Leadership Skills for Inspiring High Performance Employees
4. TR Effectiveness in Physical Rehabilitation - Power of Community
5. Transfers Made Easy
6. Journey Into Death: A TR Perspective

11:15 a.m. - 12:30 p.m.
1. Care Plans: The Cornerstone to Quality Activities
2. Depression & Dementia - Similarities & Differences
3. Aromatherapy: More Than Just A Nice Smell
4. Retaining Your Prize Volunteers
5. Horticulture Therapy Part I
6. T.R. Federal Public Policy Update

12:30 p.m. - 2:00 p.m.
Lunch & Installation of Officers/ Membership Meeting
Visit Exhibits/Silent Auction

2:15 p.m. - 3:30 p.m.
1. Pain Management: More than Medication
2. Privacy in Healthcare: The Impending Impact of HIPAA
3. Orientation For The New Volunteer
4. Initiatives: Improving Group Cooperation and Cohesiveness
5. Validation: An Alternative Method
6. Therapeutic Benefits of Rubber Stamping

3:30 p.m. - 3:45 p.m.
Soft Pretzel & Beverage Break
Visit Exhibits/Silent Auction

3:45 p.m. - 5:00 p.m.
1. OBRA & Activities - Are YOU Ready for Any Changes?
2. Swallowing Disorders in Adults
3. Add Art to your Program! (What to do and not to do) No Experience Necessary!
4. NCTRC Recertification: Professional Competence

5. *... of Life*
6. *... of Life*
the Exp *... of Life*

Dinner *... of Life* (on your *... of Life*)

8:00 p.m. - 10:00 p.m.
Pizza Hut Buffet

9:00 p.m. - 1:00 a.m.
Social - Yuengling Night-Giveaways, featuring music by DJ Chubbs, Large Screen TV-NBA Playoffs

Thursday, June 5, 2003

Recognition Day – United We Stand in Excellence
Mental Health Competency Track Available

7:00 a.m. - 6:00 p.m.
Registration

7:00 a.m. - 8:00 a.m.
Continental Breakfast

8:00 a.m. - 9:15 a.m.
Keynote Session
Mental HEALTH - Cherished WELLth © - Dr. William Klingler

9:15 a.m. - 9:45 a.m.
Beverage Break - Visit Exhibits/
Silent Auction

9:45 a.m. - 11:00 a.m.
1. Responding to the Mental Health Needs of Older Adults
2. The 3 R's of Livin' - Relax & Relate in Rhythm
3. Discovering the Joys of Bluebirds
4. Your Passion - Life's Possibility!
5. Diagnostic Overview of Psychiatric Disorders
6. Music Memory & The Universal Language

11:15 a.m. - 12:30 p.m.
1. Taking The Mystery Out of Psychiatric Medications
2. Introduction & Exploration of Multi-Sensory Env. Pt. I
3. Adapting Sports & Rec. for Everyone
4. Anxiety-A Therapeutic Perspective
5. Managing The Troubled Employee
6. Horticulture Therapy Part II

12:00 p.m.
Silent Auction (Theme Baskets)
Drawing

12:30 p.m. - 2:00 p.m.
Recognition Lunch
Award *... of Life*
Honor *... of Life*
Scholar *... of Life*

2:00 p.m. - 3:15 p.m.

1. Team Trivia for Multi-Populations
2. ABC's of Legal/Ethical Issues in Behavioral Health
3. Introduction & Exploration of Multi-Sensory Env. Pt. II
4. Alcohol Abuse & Addiction in the Elderly
5. Tools for Your Tool Box; Using Touch Therapy
6. Advocacy in Mental Health

3:15 p.m. - 3:45 p.m.
Beverage Break

3:45 p.m. - 5:00 p.m.
1. Familiarization with and the Implementation of MSE Equipment in a Sensory Appropriate Env.
2. Geriatric Spirituality
3. How Will Baby Boomers Reshape Leisure?
4. Teaching Resilience: Helping Patients & Residents Overcome Adversity
5. Understanding Emergency Mental Health Commitments
6. WATSU®

5:00 p.m. - 6:30 p.m.
Free Time

6:30 p.m. - 9:00 p.m.
Recognition Dinner/Awards - music by Lee Moyer, Marty's Music Store

9:30 p.m. - 2:00 a.m.
United We Stand Social, featuring the dance band "East Coast Invasion"

Friday, June 6, 2003

****Checkout by 11:00 a.m.****

8:00 a.m. - 11:00 a.m.
Registration
NEW Friday Format

8:00 a.m. - 1:00 p.m.
Confirming of CEU's

8:30 a.m. - 10:30 a.m.
Breakfast Buffet

9:00 a.m. - 10:15 a.m.
1. Meshing Diverse Individuals Into Teams
2. Therapeutic Recreation & Dementia - Basic

1. *... of Life*
2. *... of Life*
Stage *... of Life*
Scholar *... of Life*

Message from the TRI Co-Chairs

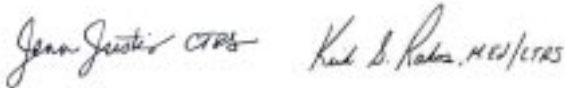
On behalf of the TRI committee, welcome to the 35th Annual Pennsylvania Therapeutic Recreation Institute. We hope that you'll agree that the 2003 program is going to inspire us all to achieve Excellence. Our entire TRI Committee has been working hard over the last year to put together an educational conference that covers a variety of topics and encourages us to renew old friendships and develop new ones.

We are also excited about some changes to this year's conference. Most notably is the opportunity to earn a competency in the areas of Long Term Care and Mental Health. We also have included a pre-conference workshop specifically for students in an effort to assist them in preparing for certification and obtaining their first professional job. A second pre-conference workshop focusing on Crisis Intervention is also being offered. You will notice that this program includes national speakers, seasoned professionals, PTRS members, and other knowledgeable professionals that are prepared to educate and inspire us.

Finally, we are so excited about the line up of socials this year. What would TRI be without the Socials! Our Social Committee has some outstanding things planned for you this year. From the opening Horse Racing, to Yuengling Night, to the Live Band performing after the Recognition/Award Dinner, we are confident that you will not be disappointed. Please, if you have chosen in the past not to participate in the socials, give it a chance. It is a wonderful opportunity to network and build or renew friendships.

Once again, we would like to thank you for attending the 35th Annual TRI. Hopefully you will leave on Friday prepared and inspired to achieve Excellence in your professional pursuits.

Sincerely,



Jennifer Justis & Kirk Rakos
2003 TRI Co-Chairs

PTRS President's Message

Dear Professionals,

The Pennsylvania Therapeutic Recreation Society invites individuals in the field of Therapeutic Recreation and Activities, along with other professions, to our 35th Annual Therapeutic Recreation Institute from June 3-6, 2003.

The title chosen by the TRI Committee this year is "United We Stand in Excellence". Together we will claim our magnificence as our keynote speaker Elmiree Farr-Walter from Las Vegas, Nevada will renew our optimism and activate our passion.

The program committee has created a magnificent educational opportunity for the professionals in the field of Therapeutic Recreation and Activities as part of the new TRI with the idea that each of us will enhance our skills and competency level.

The social committee has put together a slate of leisure opportunities to renew friendships and promote the development of new friends in the field of TR. Watch for some special give-a-ways as you network throughout the institute.

PTRS will be sponsoring various fund raising efforts for the PRPS Institute with the silent auction offering chances to win theme baskets.

As always our society takes the opportunity of our gathering to celebrate our excellence by honoring our colleagues at the Awards Program. Therefore, as we claim our magnificence throughout the week, June 5th has been proclaimed "Recognition Day" which will conclude with a Recognition dinner.

The PTRS board and I encourage administrators, directors, and managers to ask your therapeutic recreation specialists, activity directors, etc. to be in attendance either the entire conference or by a daily registration to further their knowledge and validate the impact they have on the promotion of their resident's quality of life.

I personally invite each therapeutic recreation and activity professional to join your fellow professionals and myself to unite and stand in excellence. I look forward to seeing you in June at the Holiday Inn, Grantville as your president of PTRS.

Sincerely,



Kirk Rakos
PTRS President

About the Institute

The Pennsylvania Therapeutic Recreation Institute has provided quality education and training at a reasonable cost for the Commonwealth's Therapeutic Recreation Specialists and Activity Coordinators for over 30 years. One low fee covers over 50 educational sessions, CEU credits, lodging, meals, socials, exhibits, and the awards banquet.

Reasons Why You Should Attend

- ✓ Networking with professionals from across the state
- ✓ Over 50 Professional Workshop Sessions for one low fee
- ✓ Continuing Educational Units
- ✓ Conference/Hotel & Meals at one affordable price
- ✓ State of the Art Information
- ✓ On-site Recreational Resources
- ✓ Central State Location

Who Can Benefit by Attending?

- ✓ Therapeutic Recreation Specialists in all settings
- ✓ Activity Coordinators in Long Term Care Settings
- ✓ Consultants
- ✓ Health Care Administrators
- ✓ Educators
- ✓ Students
- ✓ Nursing Home Administrators



TRI MISSION STATEMENT

THE PENNSYLVANIA THERAPEUTIC RECREATION INSTITUTE IS COMMITTED TO PROVIDE AN EDUCATIONAL EVENT THAT SERVES THE SEPARATE AND DISTINCT NEEDS OF RECREATIONAL THERAPY PROFESSIONALS AND ACTIVITIES PROFESSIONALS THROUGHOUT PENNSYLVANIA.

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2003 TRI Committee Members

Co-Chairs	Publicity & Marketing
Jenn Justis	Lynne Pomietlarz
Kirk Rakos	Shannon Heverin
Registration	Donna Hasenhauer
Carrie Chuisano	Becky Kandrac
Kara Berringer	Socials
Joe Kelley	Wayne Henninger
Karen Hammond	Terry Schofstal
Korey Flick	Lynne Mahon
Program	Joe Kelly
Mary Schreiber	Korey Flick
Susan Lilly	Golf Outing
Jeff Witman	Lee Bryan
Leah Workinger	
Emily Connors	
Local Arrangements	
Lynette Brady	
Mark Kurzenknabe	
Lee Bryan	
Exhibits	
Wayne Henninger	
Karen Hammond	
Lee Bryan	
Mark Kurzenknabe	
Becky Kandrac	

General Information

Registration

To register, complete the Institute registration form and return it by May 23, 2003. Registrations received without payment or credit authorization cannot be processed. All registrations received by the deadline will be acknowledged by mail. Late registrants will be accepted, however participants are strongly encouraged to register early in order to facilitate the planning process.

Three registration options:

- 1. Full package** - Includes all educational sessions, double room lodging on Tuesday, Wednesday, and Thursday, breakfast on Wednesday, Thursday and Friday; lunch on Wednesday and Thursday; morning and afternoon breaks, Recognition Dinner/Awards on Thursday; socials, CEUs and exhibits.
- 2. Commuter package** - Includes all educational sessions, lunch on Wednesday and Thursday; morning and afternoon breaks, some socials; CEUS; and exhibits. Tickets for evening meals must be purchased separately.
- 3. Daily registration** - Includes, for the day(s) registered, all educational sessions, lunch, morning and afternoon breaks, some socials, CEUS, and exhibits. Tickets for evening meals must be purchased separately.

Group Discounts

Facilities or agencies sending five or more attendees from the same facility or agency may qualify for discounted rates. Contact the PRPS Office for more details.

Registration Hours

Tuesday, June 3	8:00 a.m.-9:00 p.m.	Hotel lobby
Wednesday, June 4	7:00 a.m.-6:00 p.m.	Hotel lobby
Thursday, June 5	7:00 a.m.-6:00 p.m.	Hotel lobby
Friday, June 6	7:00 a.m.-11:00 a.m.	Hotel lobby

Continuing Education Units (CEU'S)

Education sessions have been approved by PRPS. In addition they have been reviewed, written and classified according to NCTRC job knowledge areas. However, NCTRC does not pre-approve CEUS. Information has been sent in advance to NCCAP for review with the request for pre-approval of CEUS.

Room Host Training/Review

All room hosts are expected to attend to learn about the revised procedure for this important responsibility. The new format is to promote communication at the TRI and enhance our customer service for the speakers and participants. If you would be willing to assist the committee by being a room host, please indicate this on the Session Preference Sheet by writing RH next to the session. Thank you for demonstrating your magnificence.

Exhibit Area

The Exhibit Area will be open for attendees to visit on Wednesday, June 5 and Thursday, June 6. The opportunity to exhibit is available for both commercial firms and non-profit organizations. Contact the PRPS Office, 814-234-4272, for more information if your company or organization would like to exhibit.

Silent Auction

Purchase tickets to win some great theme baskets and support the PRPS Capital Campaign by participating in a silent auction throughout the Institute. A variety of interesting theme baskets will be available to view beginning Tuesday, June 3, in Royale III. *We invite all attendees to donate silent auction items.* If you are interested please contact, Becky Kandrac at (717) 367-1121 ext. 33646.

Hersheypark Tickets

Discount Hersheypark tickets are available. See registration form on page 22 to order.

NCTRC Job Codes

Knowledge Areas of the NCTRC Job Analysis Study

- | | |
|---|---------------------------------------|
| A | Background Knowledge |
| B | Diagnostic Grouping/Population Served |
| C | Assessment |
| D | Planning The Intervention |
| E | Implementing The Intervention Plan |
| F | Documentation And Evaluation |
| G | Organizing And Managing Services |
| H | Advancement Of The Profession |

Tuesday, June 3, 2003

1:00 p.m. to 4:00 p.m.

TRI Memorial Golf Open

The Seventh Annual TRI Memorial Golf Open, to benefit the PTRS Memorial Scholarship Fund will be held on June 3, 2003 at 1:00 p.m. Prizes will be presented for longest and shortest drives, closes to the pin, most strokes on a single hole, and other fun events. A hole in one either par 3 will win a free TR Institute package or a one year PRPS membership. The registration fee, which is tax deductible a charitable contribution, is \$25. Complete the Golf Benefit portion of the TRI Registration Form or sign-up at the golf course. *Sponsors for this event are also being sought. If you or your agency or company would like to sponsor one or more holes, contact Lee Bryan at 724-656-7393 or email lbryanbird@yahoo.com The donation to sponsor is just \$25 per hole.*

Location

This program is conducted at the Harrisburg-Hershey Holiday Inn in Grantville, Pennsylvania. The Holiday Inn is a high quality, full service hotel with spacious meeting rooms, comfortable overnight rooms, an indoor/outdoor pool, a fully equipped health facility, a heated indoor jacuzzi, the Garden Grille Restaurant and the, Winners Circle Saloon Lounge.

For the Institute, the hotel room, Tuesday through Thursday, is included in the full-package registration fee for double occupancy. Single occupancy is available for an additional fee. Check-in time is 3:00 p.m. and check-out time is 11:00 a.m.

What to Bring

- Casual business attire is recommended for the educational sessions.
- Dress clothing for the Recognition Dinner/Awards.
- Swim suit if you'd like to use the swimming pool.
- Golf clubs to participate in the TRI Memorial Golf Open
- Hiking shoes or recreation gear to visit a nearby park or join in pick-up basketball.

Refund policy

The registration fee less a \$10 service charge per person will be refunded if cancellation is made prior to May 28, 2003, in writing to PRPS, 1315 W. College Ave., Suite 200, State College, PA 16801-2776. After May 28, 2003 a credit certificate, less the service fee and costs incurred for guaranteed meals and lodging, will be issued upon request, redeemable as registration fee toward a future PRPS seminar. No shows will be billed the full rate.

Hotlines

PRPS Office
814-234-4272
FAX: 814-234-5276
email: prpsinfo@org

Harrisburg/Hershey
Holiday Inn
717-469-0661

Directions

Harrisburg/Hershey Holiday Inn
604 Station Road
Grantville, PA 17028
717-469-0661

Conveniently located in Central Pennsylvania We recommend that you consult your Pennsylvania Highway Map if you are unfamiliar with the location of the hotel.

From Pittsburgh: Take PA Turnpike 76, get off at Exit 226 (Carlisle), follow signs to 81 North, take 81 North. Located just off I-81, Hershey Exit 80 (Grantville/Hershey).

From Philadelphia: Take PA Turnpike 76, get off at Exit 266 (Lebanon/Lancaster), take 72 North to 322 West to 743 North.

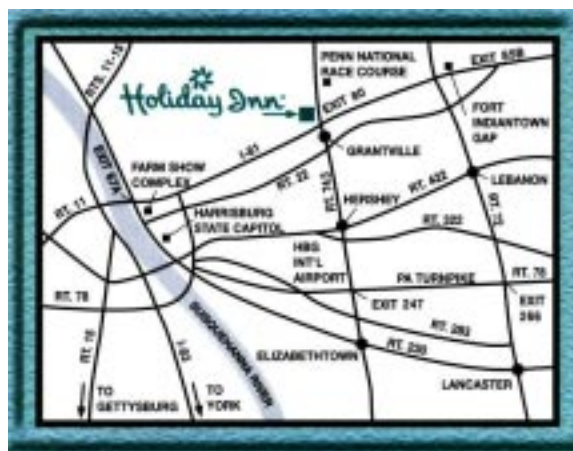
From York and southcentral PA: Take I-83 North to I-81 North. Located just off I-81, Hershey Exit 80 (Grantville/Hershey).

From northeast PA: Take the best route to intersect with I-81 South. Follow I-81 south to Grantville Exit 80.

From northcentral PA: Take Rt. 11-15 South to I-81 North. Follow I-81 North to Grantville Exit 80.

From northwestern PA: Take the best route to intersect with I-80. Follow I-80 east to Exit 20, Woodland Exit. Follow Rt. 970 South a short distance to Rt. 322 East. Follow Rt. 322 east through State College and to the Harrisburg area and I-81 North. Take I-81 North to the Grantville Exit 80.

From northwestern PA: Take the best route to intersect with I-80. Follow I-80 east to Exit 20, Woodland Exit. Follow Rt. 322 east through State College and to the Harrisburg area and I-81 North. Take I-81 North to the Grantville Exit 80.



COMPETENCY-BASED TRACKS

In an attempt to address knowledge areas that will contribute to improved performance for recreational professionals we are pleased to offer two competency-based tracks at the 2003 Therapeutic Recreation Institute. The knowledge areas include Long Term Care on Wednesday and Mental Health on Thursday. **As always there are a variety of areas covered throughout the entire Institute for those not interested in competency tracks.**

In order to have Institute attendees better understand the competency process we have identified Competency FAQ's.

1. What is a Competency Track?

It is an opportunity for conference participants to attend sessions that focus on specific knowledge areas that can be applied to improve provision of activities and therapeutic recreation services.

2. Must I do a Competency Track?

No, attending a track is optional.

3. How do I go about taking part in a Competency Track?

Attend four specifically identified sessions and take a short written test after each session.

4. Can I complete both the Long Term Care and Mental health Tracks?

Yes, just attend four Long Term Care sessions on Wednesday and four Mental Health sessions on Thursday and take your tests.

5. Why do I have to take a test?

Generally, a competency is based on knowledge. The tests are designed to measure your knowledge about the track subject matter.

6. Do I need a passing grade on the test?

Yes, an 80% on your tests is required to receive your competency certificate.

7. Will all test question subject matter be covered in the session?

Yes, all the test questions will directly relate to information covered in the session.

8. How can I show that I completed a Competency track?

You will receive a certificate (or two) after attending appropriate sessions and passing your tests.

9. I'm still a bit confused about competencies, who can I ask for help?

Stop by the registration desk or ask any committee member for assistance.

10. How will I know which sessions are a competency track?

Look for sessions marked with a ♦ symbol for Long Term Care competencies and a ■ symbol for Mental Health competencies in the registration guide.



Tuesday, June 3, 2003 Pre-Institute Workshops

8:00 a.m. to 9:00 a.m.

Registration

9:00 a.m. to 1:00 p.m.

CPR Course - Health Care Provider - AHA

Cost: \$12 Members \$15 Non-members

Textbook: \$10

This course is designed to teach the skills of CPR for victims of all ages (including ventilation with a barrier device, a bag-mask device, and oxygen); use of an automated external defibrillator (AED); and relief of foreign-body airway obstruction (FBAO). It is intended for participants who provide health care to patients in a wide variety of setting, including in-hospital and out-of-hospital. For certified or noncertified, licensed or nonlicensed healthcare professionals.

The required manual is Fundamentals of BLS for Healthcare Providers. The manual must be read prior to the course. You can purchase this manual for \$10, please mark on the registration form on page 22 and the manual will be sent to you.

9:00 a.m. to 4:00 p.m.

Non-Violent Crisis Intervention

Cost: \$30 Members/\$40 Non-members

Joseph P. Kelly, CTRS Norristown State Hospital

NCTRC Job Analysis Code: E

The NCI program is a safe, non-harmful behavior management system designed to help human service providers provide for the best possible CARE, WELFARE, SAFETY, and SECURITY of disruptive, assaultive, and out-of-control individuals.

Participants will:

1. Be able to identify the behavior levels that contribute to the development of a crisis and choose an appropriate staff intervention for each level
2. Be able to identify non-verbal techniques which can help to prevent acting out behaviors
3. Be able to demonstrate principles of personal safety to avoid injury if behavior escalates to a physical level
4. Be able to provide for the care, welfare, safety, and security for all those who are involved in a crisis situation

1:00 p.m. to 4:00 p.m.

TRI Memorial Golf Open - benefits PTRS Memorial Scholarship Fund

See page 5 for more information.

NEW!

These session's are designed for students and new professionals

9:00 a.m. to 4:00 p.m.

Cost: \$25

You're Hired!

Emily Connors, CTRS Recreation Therapist and Sherry Mickey-Freels, CTRS Recreation Therapist Masonic Homes Elizabethtown, PA

NCTRC Job Analysis Code: H

This session will be informative and interactive for students soon to be entering the field of Therapeutic Recreation. Find out what you need to know for your first TR job once you've heard the words, "You're Hired!"

Participants will:

1. Be able to identify 3 types of assessments
2. Be able to create a "week-at-a-glance" of TR interventions for 4 different populations
3. Have a knowledge of emergency precautions to decrease risk of consumer harm

NCTRC Certification: All You Need To Know

Robin McNeil, CTRS, Kim Kiernan, CTRS, Noelle Molloy, M.S.Ed, CTRS, Credentialing Specialists, NCTRC New City, NY

NCTRC Job Analysis Code: H

This session provides an in-depth coverage of the NCTRC Credentials Standards. It will include the requirements for application, process, exam information, and requirements to maintain your certification.

Participants will:

1. Be able to describe the NCTRC Certification Standards
2. Describe the application process for professional Eligibility
3. Demonstrate awareness of the NCTRC Exam
4. Demonstrate awareness for maintaining Certification

7:00 p.m. to 7:30 p.m.

Room Host Training/Review

8:00 p.m. to 9:00 p.m.

Welcome hosted by the PTRS President/Board Social - Night at the Races, Lite Reception

9:30 p.m. to 1:30 p.m.

Liberty Social - featuring music by DJ Chubs Lite Reception until 11:00 p.m.

Wednesday, June 4, 2003 Educational Sessions

◆ Long Term Care Competency Day

7:00 a.m. to 6:00 p.m.

Registration

7:45 a.m. to 8:00 a.m.

Welcome/Announcements

9:00 a.m. to 11:00 a.m.

PTRS Board Meeting

8:00 a.m. to 9:30 a.m.



Keynote:

Claim Your Magnificence!

Elmiree Farr Walter, R.Sc. P., Elmiree Farr Walter and Associates, Las Vegas, Nevada

**NCTRC Job Analysis Code:
A E H**

You – the 21st Century Therapist – can access personal potential, initiate change, stimulate creativity, promote independence in others and interface your personal mission with professional monitoring. You have, within you, the ability to imagine yourself secure, self-confident, empowered, influential, talented and successful!

Participants will:

1. Renew your optimism and activate your passion.
2. Broaden your understanding of human growth and development
3. Deepen your awareness of what leads to behavioral change
4. Clarify and validate the values that energize you
5. Use personal empowerment for professional success



9:45 a.m. to 11:00 a.m.

◆ Behavior Management for Dementias: It Involves Everyone

Susan M. Newell, MA, CTRS, President, T.R. – T.I.P.S., Inc., Council Bluffs, IA

NCTRC Job Analysis Code: B D E

This session will challenge you, your knowledge of your residents, and your facilities teamwork efforts in managing behaviors related to dementia diagnoses. Cause, precipitating factors and therapeutic, interdisciplinary care plan interventions will be discussed.

Participants will:

1. Identify causes and precipitating factors relating to the following behaviors:
 - Physical Aggressiveness
 - Verbal Aggressiveness
 - Social Inappropriateness
 - Sexual Inappropriateness
 - Wandering
 - Hoarding and Rummaging
2. Develop specific, individualized interdisciplinary care plans: including problem and need statements, goal statements, and interdisciplinary interventions

Uniting Theory and Practice: A Foundation for Excellence in TR Clinical Practice

Kathy Coyle, Ph.D., CTRS, Associate Professor, Therapeutic Recreation Department, Temple University; John Shank, Ed.D., CTRS, Chairperson Therapeutic Recreation Department, Temple University

NCTRC Job Analysis Code: H

This session presents a conceptual model to guide TR clinical practice in health promotion and rehabilitation. The model represents a theoretical and practical connection between theories pertaining to health and behavior change and TR clinical practice. Case illustrations of how this model has been applied in practice are included.

Participants will:

1. Identify common elements found in selected social psychological theories of health behavior
2. Link theoretical elements to TR clinical practice
3. Provide one example of how a social psychological perspective could be used in their practice

Wednesday, June 4, 2003 Educational Sessions

9:45 a.m. to 11:00 a.m.

Leadership Skills for Inspiring High Performance Employees

*Christina M. Ransier NHA, BSPA, MA, Executive Director,
Lutheran Social Services - So. Central, PA, Gettysburg Center*
NCTRC Job Analysis Code: G

A workshop designed to provide supervisors with the practical tools necessary to develop those under their direction into high performers committed to remain with the organization.

Participants will:

1. Identify four styles of leadership
2. Link leadership styles to the needs of the follower
3. Identify five elements of effective praise and discipline initiatives
4. Identify the appropriate instances for utilizing praise vs. discipline initiatives

TR Effectiveness in Physical Rehabilitation – Power of Community

Mary Ann Bellfy, CTRS, Recreational Therapist, Susquehanna Health System, Gibson Rehabilitation Center
NCTRC Job Analysis Code: E G H

Current practice in TR for physical rehabilitation inpatient clients. Impact of IRF – PAI payment structure on Treatment. Creating a “community” of staff and patients – why this is so effective.

Participants will:

1. Identify key roles that CTRS’s can fulfill in physical rehab treatment implementation
2. Be able to describe values on “community” approach to treatment
3. Identify unique skills that CTRS’s can offer a treatment team
4. Describe IRF-PAI systems, TR’s role, and advantages to having a strong TR component under this system

Transfers Made Easy

Mary Ann Hoffman, PT, Practice Administrator, Kauffman Gambler Physical Therapy, Lancaster, PA
NCTRC Job Analysis Code: C D

Participants will learn transfer techniques in an enjoyable manner. Good body mechanics will be stressed.

Participants will:

1. Understand proper body mechanics during transfers
2. Demonstrate ability to transfer challenging residents

◆Journey Into Death: A TR Perspective

Timothy Nickel, MA, Bereavement Care Coordinator, Masonic Homes, Elizabethtown, PA

NCTRC Job Analysis Code: A D E

A presentation on the principles and philosophy of end-of-life care and how Therapeutic Recreation staff can be a healing presence in these days of dying.

Participants will:

1. Explain the Labyrinth Model of grief
2. Discuss three principles of end-of-life care.
3. Demonstrate knowledge of the spiritual dimension of dying
4. Describe three end-of-life TR interventions

11:15 a.m. to 12:30 p.m.

◆Care Plans: The Cornerstone to Quality Activities

Susan M. Newell MA, CTRS, President T.R. – T.I.P.S., Inc., Council Bluffs, IA

NCTRC Job Analysis Code: C F

Are you having trouble with your care plans? Struggling to make them individualized and measurable? Having difficulty identifying and phrasing Activity/T.R. concerns? Wondering how to include MDS and quality indicator issues? If so, this session is for you!

Participants will:

1. Identify the relationship between the MDS, Activity/T.R. Assessments, Quality Indicators, and the Comprehensive Care Plan based on federal requirements and professional standards.
2. Identify essential components of an Activity/T.R. Assessment
3. Formulate individualized care plans using key Assessment and Quality Indicator elements

◆Depression and Dementia – Similarities and Differences

Melissa McHugh, CTRS, Recreation Therapist, Pathways – Bon Secours Holy Family Hospital, Altoona, PA

NCTRC Job Analysis Code: B

This session will address the symptoms and behaviors associated with dementia and depression in the elderly population and discuss the differences and similarities in the diagnosis. The session will also address implications for TR practice with this population.

Participants will:

1. Identify symptoms/behaviors associated with dementia
2. Identify symptoms/behaviors associated with depression
3. Identify distinctions between dementia and depression diagnosis
4. Identify implications for TR practice

Wednesday, June 4, 2003 Educational Sessions

11:15 a.m. to 12:30 p.m.

Aromatherapy: More Than Just A Nice Smell

Diane Majka Grandstrom RN, BSN, Aromatherapy Plus, Reading, PA

NCTRC Job Analysis Code: E

Discover how nature's magical scents can be used to nurture our body, mind, and spirit. Join us and learn how to use aromatherapy to reduce stressors – from simple to serious!

Participants will:

1. Be able to define common terms: Aromatherapy, essential oils, diffuser
2. Understand the basic physiology of smell as it relates to mood enhancement
3. Experience psychological effects of select essential oils
4. Be able to utilize and aromatherapy diffuser in a clinical setting

Retaining Your Prize Volunteers

Mary Reigart, Performance Consultant Swyer Associates

NCTRC Job Analysis Code: G

This session will focus on the key leadership skills necessary for on-going retention of volunteers. Key elements such as communication, delegation, maintaining positive volunteer/paid staff relations will be discussed.

Participants will:

1. Understand their volunteer needs and competitive opportunities
2. Look at retention – what do we do currently?
3. Evaluate whether volunteers need more or less TLC than paid staff
4. Listen and network with each other

Horticulture Therapy Part I (Two part session)

Gerrie G. Delaney, CTRS, HTT, & Julie Bricker, CTRS, The Western Pennsylvania Hospital, Pittsburgh, PA

MUST ATTEND BOTH PARTS FOR CEU's

Part II will be held Thursday, June 5th at

11:15 a.m. - 12:30 p.m.

NCTRC Job Analysis Code: D E

Horticulture Therapy activities are designed to be enjoyable, educational, and therapeutic. But when working with plants and other living nature items, we are taught more realistic goal setting. Being prepared for these variables gives us the opportunity to prepare for a more successful experience. This program will include a nature related craft that is very inexpensive to do.

Participants will:

1. Gain a basic understanding of horticulture therapy
2. Stimulate the senses through the use of natural materials
3. Discuss realistic goal setting relative to horticulture therapy
4. Have the opportunity to create a nature related craft

T.R. Federal Public Policy Update

G.T. Thompson, M.Ed., CTRS

President, American Therapeutic Recreation Association

NCTRC Job Analysis Code: H

Join the President of the American Therapeutic Recreation Association for an update on Federal public policy issues for the Therapeutic Recreation profession. This session will address key issues that will impact this field and what role each of us must take to advance the profession.

Participants will:

1. Be able to list the 2003 Federal Public Policy Agenda platform statements
2. Be able to describe the Therapeutic Recreation specific initiatives for Medicare Service
3. Be able to describe the action TR professionals should take in advocating for the profession
4. Be able to list the do's and don'ts when advocating for TR coverage and recognition

Wednesday, June 4, 2003 Educational Sessions

2:15 p.m. to 3:30 p.m.

◆ Pain Management: More than Medication

Susan M. Newell MA, CTRS, President, T.R. T.I.P.S., Council Bluffs, IA

NCTRC Job Analysis Code: D E

Effective pain management requires more than pharmaceutical intervention! When your residents are in pain, what are YOU Doing to help? Come explore a variety of non-drug/pain management techniques that can be utilized by your Activity/T.R. staff and volunteers.

Participants will:

1. Be able to identify and demonstrate a variety of non-pharmaceutical pain management techniques that can be used in multiple settings

Privacy in Healthcare: The Impending Impact of HIPAA

Karla Dreisbach, Vice President Corporate Compliance, Brandywine Senior Center, Schuylkill Haven, PA

NCTRC Job Analysis Code: H

HIPAA (Health Insurance Portability and Accountability Act of 1996) established legislation protecting the privacy of health care information for individuals. Learn what the privacy rules will mean for you in your healthcare setting and how they will impact on the provision of TR services.

Participants will:

1. Gain an understanding of the scope of HIPAA and the privacy rules
2. Be able to develop and implement practices and procedures to be compliant with the privacy regulations
3. Be able to access information and resources to assist with ongoing monitoring of compliance with the privacy standards

Orientation For The New Volunteer

Mary Reigart, Swyer Associates, Performance Consultant, Swyer Associates

NCTRC Job Analysis Code: G

During this session, the why, when and practical how-to's of orienting and training the new volunteer will be discussed.

Participants will:

1. Be able to compare their orientation to what is recommended
2. Gain great new ideas to implement at their work place
3. Gain a better understanding of the benefits of a well planned orientation and training process
4. Understand the entire orientation process

Initiatives: Improving Group Cooperation and Cohesiveness

Tony Lerch, CTRS, T.R. Manager, Health South of York, York PA

NCTRC Job Analysis Code: D E

This session will introduce the benefits of using group initiative activities and cooperative games to enhance program goals and facilitate positive outcomes.

Participants will:

1. Identify group initiatives beneficial to desired goals/outcomes
2. Observe techniques for leading, adapting and processing initiatives
3. Experience to challenge and rewards of cooperation and group ownership
4. Identify resources for finding initiative ideas

◆ Validation: An Alternative Method

Mark Eyer, BSW, Social Services Manager, Masonic Homes, Elizabethtown, PA

NCTRC Job Analysis Code: E

This session will provide an introduction to the validation method; an alternative way of communication with old-old who are disoriented.

Participants will:

1. Learn the theoretical concepts used to define the Validation Method
2. Learn the four stages of disorientation
3. Learn validating techniques that can be used with residents on a daily basis
4. Learn the difference between honest, respectful communication and dishonest communication with the elderly

Wednesday, June 4, 2003 Educational Sessions

2:15 p.m. to 3:30 p.m.

Therapeutic Benefits of Rubber Stamping

Beth Schreder, OTR/L, Behavioral Health Care Corporation, Lancaster, PA, Sue Hackman, Office Manager, Outpatient Behavioral Health Services, Ephrata Community Hospital, Ephrata, PA

NCTRC Job Analysis Code: E

An introduction to the therapeutic uses of rubber stamping as a recreational, therapeutic, and skill building modality.

Participants will:

1. Identify basic tools/supplies needed for successful stamping
2. Identify techniques to adapt stamping for therapeutic use in geriatrics as well as other special needs populations
3. Practice stamping techniques

3:45 p.m. to 5:00 p.m.

◆OBRA and Activities – Are YOU Ready for Any Changes?

Susan M. Newell MA, CTRS, President T.R. – T.I.P.S., Council Bluffs, IA

NCTRC Job Analysis Code: F G H

How familiar are you with OBRA regulations and surveyor expectations? Come test your knowledge on over **70 OBRA F Tags** that influence your provision of Activity/T.R. Programs and Services. We'll also examine how proposed/new surveyor guideline for OBRA F Tag 248 (Activities) might impact your facilities.

Participants will:

1. Identify OBRA regulatory requirements that impact Activity/T.R. Programs and Services
2. Identify usable strategies to comply with current OBRA regulatory expectations

Swallowing Disorders in Adults

*Kathleen Bashista, M.Ed. CCC-SLP, Speech Pathologist, Lebanon VA Medical Center, Lebanon, PA
Jody Burkhart, M.S. CCC-SLP, Speech Pathologist, Palmyra, PA*

NCTRC Job Analysis Code: A B

This session will provide Recreation Therapists with information about the nature and treatment of adults with swallowing impairments, including state-of-the-art instrumentation.

Participants will:

1. Be able to identify the 3 stages of swallowing
2. Understand the types of disorder/diseases presenting with swallowing impairment
3. Appreciate the types of diagnostic evaluations performed with swallowing impaired adults
4. Understand management of adults with swallowing disorders and how Recreation Therapists can help

Add Art to your Program! (What to do and not to do) No Experience Necessary!

Marien Lorence M.P.A. Assistant Manager, Bullying Prevention Services, Adjunct Professor, York College, York, PA; Christine Grod, B.S., Leisure Services, Florida State University

NCTRC Job Analysis Code: B D E

In this session, participants will learn leadership techniques to use with special needs clients when adding arts and crafts to a therapeutic recreation program. Visual handicaps will be demonstrated. Equipment and budgets will be discussed and participants will be able to translate various crafts to serve a variety of special needs from geriatric, addictions, mental health and mental retardation.

Participants will:

1. Have an opportunity to teach a craft to a person with a visual impairment, ie. Glaucoma etc.
2. Learn techniques that foster independence and reality orientation
3. Learn techniques that are wellness based
4. Learn how to begin an arts & crafts program that is appropriate using culturally sensitive supplies, budgeting and recording progress

Wednesday, June 4, 2003 Educational Sessions

3:45 p.m. to 5:00 p.m.

NCTRC Recertification: Professional Competence

Robin McNeal, CTRS, Kim Kiernan, CTRS and Noelle Molloy, M.S. Ed., CTRS Credentialing Specialists, NCTRC, New City, NY

NCTRC Job Analysis Code: H

This session provides an in depth coverage of CTRS recertification standards and requirements. The three main components of recertification; continuing education, professional experience, and re-examination will be described in detail. Utilization of the 1997 NCTRC National Job Analysis Study in relation to recertification requirements will be discussed. This session will also provide awareness of the purpose and function of the Standards Hearing Committee in appeals of recertification.

Participants will:

1. Be able to describe the NCTRC CTRS recertification standards including the two components, interpretive guidelines and necessary hours required for recertification
2. Demonstrate the ability to access the 1997 National Job Analysis Study and awareness of how the 1997 National Job Analysis Study relates to recertification
3. Describe the NCTRC recertification review process
4. Demonstrate awareness of the Standards Hearing Committee and its function

◆ Stress on the Continuum of Life

Gerrie Delaney, CTRS, HTT; Julie Bricker, CTRS, West Penn Hospital, Pittsburgh, PA

NCTRC Job Analysis Code: E

Looking at how stress and stressors change as we age. We will explore our roles in the enhancement of peoples lives through activity involvement. This session will recognize the inter-relationship of leisure and stress management.

Participants will:

1. Recognize that as our lives change our stressors change
2. Discuss new leisure avenues
3. Gain an understanding on how to help patients/residents adapt to their loss of activity
4. Be reminded that leisure is a choice not an obligation

Processing the Experience Using the Experiential Learning Cycle

Susan Potts, MS, CTRS

NCTRC Job Analysis Code: E

Activities are just that, activity. What makes them therapeutic is when the activity is processed and application is made it then becomes therapeutic processing. The use of the Experiential Learning Cycle to process has been used in adventure-based programs. The cycle can apply to any activity not just adventure. This session will focus on using the Experiential Learning Cycle as well as demonstration of processing tools that can be used in groups with multiple populations.

Participants will:

1. Learn and identify and implement the Experiential Learning Cycle
2. Learn to be able to use one of the processing techniques used
3. Learn the importance of processing in Therapeutic Recreation programs

5:00 p.m. to 9:00 p.m.

Dinner on your own - Discounts at local eating establishments will be provided. Free Time!

8:00 p.m. to 10:00 p.m.

Pizza Hut Buffet & Drink

9:00 p.m. to 1:00 a.m.

Social - Yuengling Night, Lots of Giveaways!
Large screen T.V. available to watch NBA Playoffs
Featuring music by D.J. Chubs



Thursday June 5, 2003 Educational Session

■ Recognition Day & Mental Health Competency Day

7:00 a.m. to 6:00 p.m.

Registration

8:00 a.m. to 9:15 a.m.

Keynote Session

Mental HEALth-Cherished WELLth©

Dr. William Russell Klinger, Ph.D., CTRS, Asst. Professor of Psychiatry & Therapeutic Recreation/Wellness Educator, P.S.U. College of Medicine, Dept. of Psychiatry, Hershey, PA

NCTRC Job Analysis Code: B E

The emotional challenges of life can greatly impact on one's physical, spiritual, social, cognitive, and fiscal well-being. As a society we seem to be much more aware of the "cost" of psychological disorders and far less cognizant of the "gifts" individuals with mental health challenges have given to the world. The purpose of this keynote is to educate and motivate the providers of mental health services and to celebrate the lives of "impaired" persons who turned their challenges into priceless gifts.

Participants will:

1. Understand the basic nature of psychological health
2. Identify the 3 major classifications of psychological disorders
3. Appreciate the unique challenges these specific psychological disorders present individuals
4. Recognize the value is assisting individuals with psychological disorders on their journey of life

9:45 a.m. to 11:00 a.m.

■ Responding to the Mental Health Needs of Older Adults

Lynne Nessel, ACSW, Geriatric Psychiatric Social Worker and CPPI Instructor, PSU College of Medicine, Dept. of Psychiatry, Central PA Psychiatric Institute, Hershey, PA

NCTRC Job Analysis Code: B D H

As a society we are quite aware of the increase in the number of older adults. Unfortunately, this awareness has not translated into responsiveness to their increasing mental health needs.

Participants will:

1. Understand the process of psychological development in older adult years
2. Be cognizant of the importance of building collaborative relationships with caregiver and family systems of the older adult experiencing a psychiatric illness
3. Define technical skills and interventions to facilitate a therapeutic connection with the older adult and family members
4. Develop an understanding of the clinical and legal issues that impact on the client, the family, and on our provision of mental health services to the elderly population

The 3 R's of Livin' - Relax & Relate in Rhythm

Camille Baughman, and Vanessa Parker Shenk, Camille Baughman & Associates, Carlisle, PA

NCTRC Job Analysis Code: E

Using rhythm, sound and movement this workshop will give participants the opportunity to experience drumming & rhythm in an experimental environment. Within the context of "doing" the session participants will learn tools & skills that will enable them to develop programs suitable for any population.

Participants will:

1. Learn how to achieve a deeper relaxed state of mind using sound, breath, movement, & rhythm
2. Understand rhythm patterns that can be used to create a sense of community within a group
3. Learn tools necessary to assist them in connecting to their bodies
4. Learn how rhythm and sound activities can be fun
5. Learn how to develop a rhythm program appropriate for their specific population

Participants will be provided with rhythm instruments. However, you can bring your own instruments too.

Discovering the Joys of Bluebirds

Tony Lerch, CTRS T.R. Manager, Healthsouth of York, York, PA

NCTRC Job Analysis Code: E

Watching bluebirds and monitoring their nest boxes can be very rewarding to your patients/clients. These sociable birds will help generate excitement and increase participation in recreation groups.

Participants will:

1. Learn basic techniques on how to attract bluebirds to existing recreational areas.
2. Discover the therapeutic benefits of bluebirds and bird watching
3. Develop program activities and goals related to wild birds
4. Identify resources for ensuring success of bluebird program

Thursday June 5, 2003 Educational Session

9:45 a.m. to 11:00 a.m.

Your Passion – Life’s Possibility!

Elmiree Farr Walter, R.Sc.P. Elmiree Farr Walter & Associates, Las Vegas, Nevada

NCTRC Job Analysis Code: A G

Those individuals who are inspiring leaders and a joy to be around have discovered their passions and used them as springboards to success. They have begun...often in childhood...with just an interest in some activity, some pursuit. We, ourselves, are most animated and interested to others when sharing that which truly excites and energized us. Our objective is to translate this energy into our life’s work as professional leaders.

Participants will:

1. Recognize and identify your passions and interest
2. Broaden your understanding of human growth and development
3. Utilize principles of group leadership
4. Develop your personal leadership style
5. Use your passions to fuel your personal life and professional success

■Diagnostic Overview of Psychiatric Disorders

Diane L. Welsh, M.A., Psychotherapy Coordinator, Behavioral Healthcare Corporation, Lancaster, PA

NCTRC Job Analysis Code: B

An overview of affective, anxiety, personality, and thought disorders. Diagnostic criteria, treatment, and prognosis will be reviewed. Case studies will be utilized.

Participants will:

1. Identify diagnostic criteria for affective, anxiety, thought, and personality disorders
2. Distinguish between mood and personality disorders
3. Identify five symptoms of depression
4. Distinguish between depression and anxiety

Music Memory and The Universal Language

Cheryl A. Smith, ACC, Director of Quality Service, Companion Radio, Pittsford, NY

NCTRC Job Analysis Code: E

Based on research of music memory, we will discuss how music can benefit all people, especially residents of long term care facilities. We will look at the programs that Companion Radio offers and realize the benefits.

Participants will:

1. Be able to explain music memory
2. Be able to cite music memory research
3. Be able to list two benefits of music from each domain
4. Be able to list care plan interventions using music
5. Be able to list the four Companion Radio stations

11:15 a.m. to 12:30 p.m.

■Taking the Mystery Out of Psychiatric Medications

Carol Pennington, RN, BSN, Nurse/Counselor at Outpatient Behavioral Health Services, Lancaster Regional Medical Center, Lancaster, PA

NCTRC Job Analysis Code: B

This session will provide you with an overview of pharmaceutical products most frequently used for treating psychiatric disorders and the side effects which may accompany them.

Participants will:

1. Recognize commonly used psychotropic medications and the category in which it is found
2. Name main considerations in selecting medications for a mental health patient
3. Recognize withdrawal symptoms and side effects for mental health medications
4. List different methods and programs to assist in making medications more affordable

Introduction & Exploration of Multi-Sensory Environments Part I

Teresa Rash, CTRS Director of Therapeutic Services Margaret E. Moul Home and Joe Fialko MSE Consultant Flaghouse

MUST ATTEND BOTH PARTS FOR CEU’s

NCTRC Job Analysis Code: E D

These sessions will provide an overview of the development and benefits of MSE with an emphasis on sensory integration concepts and issues. In Part 2 the presenters will provide a hands-on demonstration with individuals with special needs.

Participants will:

1. Understand the development of and the underlying concepts of MSE
2. Have a knowledge of sensory integration issues related to deprivation and overload with an understanding of how to reach an optimal level of sensory input through the use of MSE
3. Learn the physical, psychosocial, cognitive and overall sensory benefits of MSE for the client
4. Understand the impact on the caregiver/client relationship within the MS environment

Thursday June 5, 2003 Educational Session

11:15 a.m. to 12:30 a.m.

Adapting Sports and Recreation for Everyone

Matt Ernst, CTRS, Director of Therapeutic Recreation, Easter Seals of South Central, PA, York, PA

NCTRC Job Analysis Code: D E

This session will include discussion and descriptions of different sports and activities that are adaptable. We will also discuss the benefits that occur for the participants when appropriate adaptations are made.

Participants will:

1. Learn how to adapt different sports and activities
2. Learn different activity ideas
3. Learn the benefits of activities

■ ANXIETY – A Therapeutic Perspective

*Dr. William Russell Klinger, Ph.D., CTRS
Assistant Professor, Psychiatry & Therapeutic Recreation/
Wellness Educator, PSU College of Medicine, Dept of
Psychiatry, Central Pennsylvania Psychiatric Institute*

NCTRC Job Analysis Code: A B

Each year over 19 million adults experience some form of anxiety ranging from simple phobias to Post Traumatic Stress Disorder. The emotional, physical, and social tolls of anxiety can be overwhelming. The fiscal toll is more than \$42 billion a year with almost one third of the \$148 billion total mental health bill for the USA. More than \$22.84 billion of those costs are associated with the repeated use of healthcare services, as people seek relief for symptoms that mimic physical illness. This presentation will seek to assist participants in understanding anxiety and potential interventions to alleviate anxiety.

Participants will:

1. Review the manifestations of anxiety in our modern culture
2. Become aware of the prevalence of anxiety
3. Learn the definitions and functions of fear and anxiety
4. Understand the effects of anxiety on behavior & the relationship between anxiety and physical illness
5. Become familiar with the Rahe Life Stress and Illness Model

Managing The Troubled Employee

Lilli M. Shine, MSA, CTRS, Director of Therapeutic Recreation Department, Sherwood Oaks, Cranberry Township, PA

NCTRC Job Analysis Code: G

This presentation will provide a flexible framework for developing a re-mediation plan for the troubled employee. The plan will include counseling strategies and weekly performance review, based upon the essential functions of the positions description.

Participants will:

1. Define the characteristics of a troubled employee
2. Identify the varying stages of a troubled employee
3. Identify and discuss counseling strategies, and as it related to the position description
4. Develop a re-mediation plan to assist the troubles employee to achieve success

Horticulture Therapy Part II

Gerrie G. Delaney, CTRS, HTT, & Julie Bricker, CTRS, The Western Pennsylvania Hospital, Pittsburgh, PA

NCTRC Job Analysis Code: D E

See description on page 11.

2:00 p.m. to 3:15 p.m.

Team Trivia for Multi-Populations

Joseph P. Kelly, CTRS, Norristown State Hospital, Norristown, PA

NCTRC Job Analysis Code: D E F

This session will involve friendly competition between teams and activities that can be adapted for a wide variety of populations. The program is designed to draw skills and knowledge from all participants resulting in expanded team spirit.

Participants will:

1. Be able to plan and conduct a one hour quiz/trivia program
2. Be able to adapt program to the population they serve using at least 5 categories of trivia
3. Be able to document 3-4 program goals pertaining to quiz/trivia program

Thursday, June 5, 2003 Educational Session

2:00 p.m. to 3:15 p.m.

■ABC's of Legal/Ethical Issues in Behavioral Health

Caryn Cleveland-Short, MA, BSN, RN, Clinical Coordinator, In-Patient Mental Health, Lancaster Regional Medical Center, Lancaster, PA

NCTRC Job Analysis Code: D H

This session using presentation and role play will focus on the trend in legal/ethical issues facing professionals who work with behavioral health patients.

Participants will:

1. Identify 3-5 current legal issues affecting care of behavioral health clients
2. Differentiate between legal and ethical issues
3. Discuss major ethical issues facing professionals in the arena of behavioral health
4. Demonstrate techniques in preparing to defend oneself from legal/ethical attacks

Introduction and Exploration of Multi-Sensory Environments Part II

Teresa Rash, CTRS Director of Therapeutic Services Margaret E. Moul Home and Joe Fialko MSE Consultant Flaghouse

MUST ATTEND BOTH PART TO GET CEU's
NCTRC Job Analysis Code: E D

These sessions will provide an overview of the development and benefits of MSE with an emphasis on sensory integration concepts and issues. In Part 2 the presenters will provide a hands-on demonstration with individuals with special needs.

Participants will:

1. Understand the development of and the underlying concepts of MSE
2. Have a knowledge of sensory integration issues related to deprivation and overload with an understanding of how to reach an optimal level of sensory input through the use of MSE
3. Learn the physical, psychosocial, cognitive and overall sensory benefits of MSE for the client
4. Understand the impact on the caregiver/client relationship within the MS environment

■Alcohol Abuse & Addiction in the Elderly

Dr. Joseph Barber, MD, Assistant Professor of Psychiatry, Geriatric Psychiatrist, PSU College of Medicine, Dept. of Psychiatry, Central PA Psychiatric Institute, Hershey, PA

NCTRC Job Analysis Code: B C E

Alcohol abuse and addiction among the elderly is often unrecognized and therefore goes untreated. The purpose of this session is to make attendees cognizant of the prevalence of alcohol abuse and addiction among the elderly, the physical and emotional outcomes related to alcohol abuse, effective screening tools for alcohol abuse, and alcohol abuse and addiction treatment interventions.

Participants will:

1. Be cognizant of the prevalence of alcohol abuse and addiction among the elderly
2. Be able to cite various physical and emotional outcomes related to alcohol abuse among the elderly
3. Become familiar with effective screening tools for alcohol abuse among the elderly
4. Examine existing alcohol abuse and addiction treatment interventions available to the elderly

Tools For Your Tool Box: Using Touch Therapy

Sr. Anne Philip Buechler, Camilla Hall Nursing Home, Immaculata, PA

NCTRC Job Analysis Code: E

Discover simple yet effective tools used to reduce pain levels and hasten the healing process.

Participants will:

1. Learn how to use effective gentle "hands-on" approaches to assist the healing process
2. Discover the value of intention in the healing process
3. Practice a "self message" of the body's meridians

■Advocacy in Mental Health

Gretchen Gaudio, Client/Family Advocate, Mental Health Association, Lancaster, PA

NCTRC Job Analysis Code: H

This session will discuss advocacy among the mental health community. Participants will learn how to advocate for persons you work with as well as mental health as a whole.

Participants will:

1. Understand the progress advocates have made over the years in mental health
2. Learn, using examples, why people need an advocate
3. Learn how to be an effective advocate on behalf of your clients
4. Learn how to be an effective advocate for mental health as a whole

Thursday, June 5, 2003 Educational Sessions

3:45 p.m. to 5:00 p.m.

Familiarization with and the Implementation of MSE Equipment in a Sensory Appropriate Environment

Teresa Rash, CTRS Director of Therapeutic Services Margaret E. Moul Home and Joe Fialko MSE Consultant Flaghouse

NCTRC Job Analysis Code: E D

This session will give participants a hands on opportunity to experience MSE equipment and to design their own unique environment. The best-designed environment will be awarded a sensory gift basket.

Participants will:

1. Understand the function, objectives and outcomes of the various pieces of MSE Equipment
2. Design a MSE with the understanding of the impact on the sensory needs of their population

Geriatric Spirituality

Rev. Edward Eckenrod, Chaplain, Altoona Hospital Recovery Trauma Center, Altoona, PA

NCTRC Job Analysis Code: A

This session will discuss the spiritual needs and the journey of older adults. We will also discuss the phases of spirituality in later years.

Participants will:

1. Understand the impact of spirituality in the geriatric patient
2. Understand the cycle of spiritual life in the older person
3. Understand the view of God

How Will Baby Boomers Reshape Leisure?

Kirk Rakos, M.Ed., CTRS, Manager of Recreation & Leisure Services, Masonic Homes, Elizabethtown, PA, Adjunct Faculty, York College, PA

NCTRC Job Analysis Code: A D

This session will explore how those individuals known to society as baby boomers will reshape retirement including leisure opportunities in a continuing care retirement community.

Participants will:

1. Identify demographic detail of this age group, their attitudes and their leisure tendencies
2. Learn how Baby Boomers will reshape the meaning of retirement
3. Be able to create a leisure program to meet the Baby Boomer's lifestyle

Teaching Resilience: Helping Patients and Residents Overcome Adversity

Charles P. Gilbert II, ACSW, BCD Instructor, Dept. of Psychiatry PSU College of Medicine, Director of Education, Central Pennsylvania Psychiatric Institute, Hershey, PA

NCTRC Job Analysis Code: A E

What is Resilience? How do we recognize resilient persons? How can we help our patients to be strong and overcome adversity? These questions occur to every family and professional caregiver. We can't protect our clients from everything. What is it that we can do to help our patients to bounce back from the challenges that they face each day? Does a chronic illness or disability have to leave such debilitating scars on children and adults? Research in this area suggests that there is no reason that challenged persons need to feel beaten down by and powerless over their circumstances. Find out who is resilient, who is not and how they can become stronger.

Participants will:

1. Identify resilience in children and adults
2. Describe skills that support problem solving in our patients and residents
3. List our outcomes of adverse events in developmental terms
4. Develop professional guideline which support resilience

Understanding Emergency Mental Health

Commitments

Dave Plummer, Crisis Intervention Counselor, Lancaster County Crisis Intervention Services, Lancaster, PA

NCTRC Job Analysis Code: A D

This session will provide information relevant to the process of emergency mental health commitments.

Participants will:

1. Gain familiarity with section 302 of mental health procedures act of 1976
2. Understand criteria for involuntary mental health evaluation
3. Be able to apply this in their professional setting
4. Know how to access mental health emergency services

WATSU® "Water Shiatsu" Aquatic Bodywork

Jeff Bisdee, Director of Therapeutic Recreation, The Children's Institute, Pittsburgh, PA

NCTRC Job Analysis Code: D E

This session will provide the participant with a unique hands-on approach to Watsu, a massage technique in water! Bring your swim suit!

Participants will:

1. Discover Watsu, it's history, concept, and definitions
2. Learn the spectrum of uses from rehab to definitions
3. Learn who can benefit and why

Friday, June 6, 2003 Educational Sessions

9:00 a.m. to 10:15 a.m.

Meshing Diverse Individuals Into Teams

Dennis Mellot, Director; Deb Brockman, CTRS, Adventure Challenge Experience, PhilHaven, Mt. Gretna, PA

NCTRC Job Analysis Code: D

An exploration of the implications of diverse personality types and generational difference and their impact on working together as a team. Ideas on making diversity work.

Participants will:

1. Recognize the impact personality and generational differences have upon "team" performances
2. Identify activities/experiences to maximize the positive and minimize the negatives associated with diverse work groups

Therapeutic Recreation & Dementia – (Basic)

Erica Hood, Regional Education Director/CTRS, Alzheimer's Association, South Central Pennsylvania Regional Office

NCTRC Job Analysis Code: B D

Providing TR service to the dementia population can be challenging. This session will provide basic guidelines in creating a successful TR program for residents with dementia.

Participants will:

1. Identify challenges that can impede a successful program
2. Understand basic programming guidelines
3. Be able to discuss the stages of alzheimer's disease and identify appropriate activities for each stage
4. Learn about successful activities through group exercise

11:15 a.m. to 12:30 p.m.

Therapeutic Recreation and Late Stage Dementia

Erica Hood, Regional Education Director/CTRS, and Charlotte Johnson, Regional Director; Alzheimer's Association, South Central, PA, MSW Office

NCTRC Job Analysis Code: B D

What do you do with late stage dementia residents? This session will briefly describe "late stage", review guidelines for programs and give some ideas on successful activities.

Participants will:

1. Identify symptoms of a resident with late stage dementia
2. Understand successful planning tools for late stage programs
3. Discuss the group dynamisms late stage programs
4. Learn new activity ideas

Portable Adventure

Dennis Mellot, Director; Deb Brockman, CTRS, Adventure Challenge Experience, Philhaven, Mt. Gretna, PA

NCTRC Job Analysis Code: D E

An experiential session, focus on team-building activities which do not require extensive equipment. Discussion of their use with both client and staff development.

Participants will:

1. Identify low/no cost initiatives and adventure activities
2. Relate their value to clients
3. Develop a plan for utilizing activities at their agency



Together we stood in excellence
and now we return proud of
our profession and our
accomplishments

2003 Therapeutic Recreation Institute Registration Form

(Please complete one form per registrant. This form may be copied)

Title: _____ (Mr/Mrs/Miss)

Name: _____

Agency: _____
(Student must list school)

Job Title: _____

Name Tag should read: _____
(for large first name or nickname)

Credentials: (CTRS, ACC, etc) _____

Mailing address: _____

City: _____ **State:** _____ **Zip** _____

County: _____

Office phone: (____) _____

Home phone: (____) _____

Fax: (____) _____

Email _____

Specialty Area(s):
 LTC Rehab Other _____
 MR Psych Student

PRPS/PTRS Member Yes No

First year attending? Yes No

I require: (attach a brief explanation)

Handicapped accommodations

Special diet _____

Other considerations _____

Sex: Female Male

Roommate preference(s) _____

Smoker Non-Smoker

Payment Information:

Payment enclosed

Bill agency, Attach purchase order or billing instructions.

Approval Signature: _____

Title: _____

Date: _____

Credit card Visa MC Am. Exp.

Signature _____

Card # _____ **Exp. Date** _____

Mail this form to:

Pennsylvania Recreation and Park Society

1315 West College Avenue, Suite 200

State College, PA 16801-2776

OR FAX: 814-234-5276

Office Use Only Date received: _____ Amount paid: _____ Method: _____ By: _____ Exp. Date: _____
--

Please check the boxes and circle the fees that apply and total at the bottom.

- Full Package**
- | | |
|--|----------|
| <input type="checkbox"/> PTRS member | \$360.00 |
| <input type="checkbox"/> Non-member | \$450.00 |
| <input type="checkbox"/> Student/retired/spouse (member) | \$300.00 |
| <input type="checkbox"/> Student/retired/spouse (non) | \$350.00 |

- Commuter Package**
- | | |
|--|----------|
| <input type="checkbox"/> PTRS member | \$275.00 |
| <input type="checkbox"/> Non-member | \$365.00 |
| <input type="checkbox"/> Student/retired/spouse (member) | \$215.00 |
| <input type="checkbox"/> Student/retired/spouse (non) | \$265.00 |

- Daily**
- | | |
|--------------------------------------|----------|
| <input type="checkbox"/> PTRS member | |
| <input type="checkbox"/> Wednesday | \$145.00 |
| <input type="checkbox"/> Thursday | \$145.00 |
| <input type="checkbox"/> Friday | \$115.00 |

- Non-member**
- | | |
|------------------------------------|----------|
| <input type="checkbox"/> Wednesday | \$185.00 |
| <input type="checkbox"/> Thursday | \$185.00 |
| <input type="checkbox"/> Friday | \$155.00 |

- Student/retired/spouse (member/non-member)**
- | | |
|------------------------------------|---------|
| <input type="checkbox"/> Wednesday | \$70.00 |
| <input type="checkbox"/> Thursday | \$70.00 |
| <input type="checkbox"/> Friday | \$50.00 |

- PTRS Recognition Dinner/Awards, June 5th**
(included in full package) \$31.00

Full Package attendees & individual ticket holders For those attending the Recognition/Awards Dinner, please mark your choice. <input type="checkbox"/> Prime Rib <input type="checkbox"/> Salmon

- Pre-Conference Workshops- Tuesday**
- | | |
|--|---------|
| <input type="checkbox"/> CPR-American Heart Association | \$12.00 |
| <input type="checkbox"/> Book (if needed) | \$10.00 |
| <input type="checkbox"/> Non-Violent Crisis Intervntnion | \$40.00 |
| <input type="checkbox"/> Student & New Professionals Day | \$25.00 |
| <input type="checkbox"/> Memorial Golf Open | \$25.00 |

- Discounted Hersheypark Tickets
- | | |
|---------------------------------------|---------|
| <input type="checkbox"/> Adult | \$28.00 |
| <input type="checkbox"/> Child/Senior | \$19.50 |

- Single Occupancy Surcharge - Full package** \$123.00

- Individual Nights Lodging:**
 Circle the nights you require lodging:
 Tuesday Wednesday Thursday
 # of nights _____ @ \$41 double occupancy = \$ _____
 # of nights _____ @ \$82 single occupancy = \$ _____

Total \$ _____

Session Preference Sheet

Name: _____

Session Preference Sheet - to assist the committee with planning, check the sessions you plan to attend. If you change your mind, you may switch sessions at the Institute. Thank you! Be sure to mail or fax this with the registration form.

Competency Registration

- Long Term Care - Wednesday
- Mental Health - Thursday

Tuesday, June 3, 2003

7:00 p.m. - 7:30 p.m.

- Room Host Training/Review

Wednesday, June 4, 2003

***Long Term Care Competency Track Available**

8:00 a.m. - 9:30 a.m.

- Keynote: Claim Your Magnificence! - *Elmiree Farr Walter*

9:45 a.m. - 11:00 a.m.

- Behavior Management for Dementias: It Involves Everyone
- Uniting Theory & Practice: A Foundation for Excellence in TR Clinical Practice
- Leadership Skills for Inspiring High Performance Employees
- TR Effectiveness in Physical Rehabilitation - Power of Community
- Transfers Made Easy
- Journey Into Death: A TR Perspective

11:15 a.m. - 12:30 p.m.

- Care Plans: The Cornerstone to Quality Activities
- Depression & Dementia - Similarities & Differences
- Aromatherapy: More Than Just A Nice Smell
- Retaining Your Prize Volunteers
- Horticulture Therapy Part I
- T.R. Federal Public Policy Update

2:15 p.m. - 3:30 p.m.

- Pain Management: More than Medication
- Privacy in Healthcare: The Impending Impact of HIPAA
- Orientation For The New Volunteer
- Initiatives: Improving Group Cooperation and Cohesiveness
- Validation: An Alternative Method
- Therapeutic Benefits of Rubber Stamping

3:45 p.m. - 5:00 p.m.

- OBRA & Activities - Are YOU Ready for Any Changes?
- Swallowing Disorders in Adults
- Add Art to your Program! (What to do and not to do) No Experience Necessary!
- NCTRC Recertification: Professional Competence
- Stress on the Continuum of Life
- Processing the Experience Using the Experiential Learning Cycle

Thursday, June 5, 2003

Recognition Day - United We Stand in Excellence

Mental Health Competency Track Available

8:00 a.m. - 9:15 a.m.

- Keynote: Mental HEALTH - Cherished WELlth © - Dr. William Klinger

9:45 a.m. - 11:00 a.m.

- Responding to the Mental Health Needs of Older Adults
- The 3 R's of Livin' - Relax & Relate in Rhythm
- Discovering the Joys of Bluebirds
- Your Passion - Life's Possibility!
- Diagnostic Overview of Psychiatric Disorders
- Music Memory & The Universal Language

11:15 a.m. - 12:30 p.m.

- Taking The Mystery Out of Psychiatric Medications
- Introduction & Exploration of Multi-Sensory Env. Pt. I
- Adapting Sports & Rec. for Everyone
- Anxiety - A Therapeutic Perspective
- Managing the Employee
- Horticulture

2:00 p.m. - 3:15 p.m.

- Team Trivia for Multi-Populations
- ABC's of Legal/Ethical Issues in Behavioral Health
- Introduction & Exploration of Multi-Sensory Env. Pt. II
- Alcohol Abuse & Addiction in the Elderly
- Tools for Your Tool Box; Using Touch Therapy
- Advocacy in Mental Health

3:45 p.m. - 5:00 p.m.

- Familiarization with and the Implementation of MSE Equipment in a Sensory Appropriate Env.
- Geriatric Spirituality
- How Will Baby Boomers Reshape Leisure?
- Teaching Resilience: Helping Patients & Residents Overcome Adversity
- Understanding Emergency Mental Health Commitments
- WATSU®

Friday, June 6, 2003

NEW

9:00 a.m. - 10:15 a.m.

- Meshing Diverse Individuals Into Teams
- Therapeutic Recreation & Dementia - Basic

11:15 a.m. - 12:30 p.m.

- Therapeutic Recreation and Late Stage Dementia
- Portable Adventure

Other Requests

- I am willing to serve as a room host. I have place an "RH" next to the session that I am planning to attend and willing to host.
- I would like to serve on the 2004 TRI Committee

Join PTRS TODAY and take advantage of the member discount for the TRI!

Complete the PRPS/PTRS membership application below, and submit with your payment to the address shown at the bottom of the form. The Pennsylvania Therapeutic Recreation Society (PTRS) is a branch of the Pennsylvania Recreation and Park Society, Inc. so you will receive the benefits of both the branch and the parent organization. Select PTRS as one of your branch choices and select your specialty area.

New members normally receive a coupon good for a \$20 discount on a multi-day conference such as the TRI. Submit your membership application along with your TRI registration form, and you may take advantage of both the member registration rate and the \$20 new member discount. Simply write "New Member" at the top of the TRI registration form and subtract \$20 from the Total Due amount.

Pennsylvania Recreation and Park Society, Inc. Membership Application

Please Print:

Name _____
 Position _____
 Employer/Agency _____
 Mailing Address _____
 City _____ State _____ Zip _____
 Address: Home Office Student at _____
 Phone: Office _____ Home _____
 Fax _____ Email _____
 County _____
 Certification: CPRP CPRA CTRS Other _____
 Membership received by: _____

BRANCH CHOICE (Select one or more)

Aquatics Branch PA Therapeutic Recreation Society
 Community Recreation & Parks TR Specialty Area
 Park Resources Branch Long Term Care: VA
 PA State Park Society (open to all) Psychiatric Rehab.
 DCNR employees only Dev. Disability State Hosp.

SPECIAL INTEREST AREAS (Select all that apply)

Educator Urban Recreation Commercial and Resort Recreation

PLEASE SEND ME FREE INFORMATION ON:

National Recreation & Park Association Professional Certification

MEMBERSHIP ELIGIBILITY AND DUES STRUCTURE

GROUP MEMBERSHIP

- AGENCY:** Recreation and/or park related agency, including government, non-profit, therapeutic, educational, or private organization or institution that provides such services. Based on population served. Includes two individual memberships.

	1 st Year Rate	
0 to 100,000	\$200	\$120
over 100,000	\$275	\$210
over 1,000,000	\$500	\$375
Additional individuals	\$70	\$60
- BOARD/COMMISSION:** Recreation and/or park boards and commissions of political subdivisions of the Commonwealth of Pennsylvania or board of directors of non-profit recreation related organizations. Includes five individual memberships. Attach names and addresses.

Additional individuals	\$130	\$115
Additional individuals	\$30	\$25
- COLLEGE/UNIVERSITY:** Public or private educational institutions that offer a curriculum in recreation and parks. Includes two professional memberships.

Additional professional memberships	\$70	\$55
Students enrolled at the College/University	\$25	\$20
- FRIENDS GROUP:** Includes five individual memberships.

Additional individual memberships	\$30	\$25
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- SUPPORTING:** Those business firms interested in the park, recreation, and leisure services fields.

	\$175	\$135
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INDIVIDUAL MEMBERSHIP

- PROFESSIONAL:** Those engaged in full-time and part-time recreation and park work. Based on salary.

	1 st Year Rate	
Under \$10,000	\$30	\$40
\$10,000 - \$20,000	\$70	\$55
\$20,000 - \$30,000	\$85	\$65
\$30,000 - \$40,000	\$85	\$75
\$40,000 - \$50,000	\$110	\$85
over \$50,000	\$125	\$100
- FRIEND:** Any interested person or organization including seasonal employees, volunteers, retired members, and individual board or commission members. This category is for persons or organizations that do not qualify for other categories. For five or more memberships from the same organization, select the Friends Group Category.

	\$35	\$30
--	------	------
- STUDENT:** Persons attending educational institutions on a full-time basis preparing for any phase of recreation and park work. See also College/University.

	\$30	\$25
--	------	------
- RETIREE:** Individuals having been employed full-time in recreation and parks whose employment was terminated due to retirement. Must have held active membership for at least five years prior to retirement.

	\$30	\$25
--	------	------
- CONTRIBUTING:** Individuals or organizations interested in assisting the Society in the attainment of its aims and objectives.

Presidential Club	\$300	\$225
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- LIFE:** Individuals desiring a lifetime membership. \$650

Total _____

Membership Dues are renewable on January 1 each year. New memberships received July 1 to September 30 pay 80% of the annual dues. New memberships received after September 30 are credited toward the next full membership year. From each membership dues, \$10.00 is used for the publication of PENNSYLVANIA RECREATION & PARKS and \$6.00 is used for the publication of PRPS UPDATE. PRPS is registered with the Pennsylvania Commission on Charitable Organizations. A copy of the official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-731-0894. Registration does not imply endorsement.

For Office Use Only

Date: _____ Amount: _____
 Method: _____ By: _____
 Processed: _____

PAYMENT INFORMATION

- My check is enclosed. Please make checks payable to PRPS.
- Bill my agency: Signature _____ Date _____
- Bill my credit card: Visa MasterCard
 Cardholder's name _____
 Card # _____ Expiration Date _____
 Cardholder's Signature _____

Mail your Application today!

PRPS
 1115 W. College Ave., Suite 200
 State College, PA 16801-2776
 (814) 234-4272 Fax: (814) 234-5276 www.pprs.org

Pennsylvania Therapeutic Recreation Society
1315 West College Ave. Suite 200
State College, PA 16801-2776
www.prps.org
www.pters.ws



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Freshly updated for 2003, this year's TRI is better than ever. Here are some of the highlights:

- **COMPETENCY SPECIFIC PROGRAMMING CALLED "TRACKS"** - you may want to plan your schedule by following a specific area of interest, either mental health or long-term care. Complete all the specified sessions and receive a competency certificate at the end of the institute.
- **SPECIAL STUDENT DAY PRE-CONFERENCE** - only \$25.00! Speakers Cathy Coyle, Assistant Professor of Recreation and Leisure Studies from Temple University, Emily Connors, CTRS and Sherry Mickey-Freels, CTRS from Masonic Homes and representatives from NCTRC, will provide the information that students need to know. Topics include the NCTRC exam, internships and interviewing skills.
- **KEYNOTE SPEAKER** - Elimere Farr Walter from Las Vegas, Nevada - "Claiming our Magnificence"
- **HOT TOPICS** - Behavioral Health Legal/Ethical issues; Volunteer Retention; Diagnostic Overview of Psychological Disorders; Training High Performers; Massage/Touch Therapy; Validation Therapy; Sensory Stimulation; HIPAA; Care Plans & Documentation and numerous hands-on activities.
- **NCTRC** - representatives on hand to answer your credentialing questions.

Brought to you by the *Pennsylvania Therapeutic Recreation Society*

For more information contact the PRPS office at 814-234-4272
or www.pters.ws